

Praises and Supplication to the Lineage Gurus of Gelug Mahamudra

Namo Mahamudra-ya

Homage to *Prajnaparamita*, the great mother of all the Buddhas.
Homage to the glorious primordial Buddha, principal of the Buddha family, the spontaneous pervasive mansion of the three kayas.
I pray to the all-pervasive lord, the great Vajradhara.

May I be blessed by you to cut the mental continuum of my self-grasping,
To be able to practise Bodhichitta and great compassion and soon attain the highest state of Mahamudra: the union of bliss and emptiness.
You are the holy teacher of all the Buddhas of the three times,
Dwelling in the perfect Pure Lands of the Buddhas of the ten directions:
I pray to Manjushri whose wisdom is supreme among all Aryas.

May I be blessed by you to cut the mental continuum of my self-grasping,
To be able to practise Bodhichitta and great compassion and soon attain the highest state of Mahamudra: the union of bliss and emptiness.
Here in the northern land of snows,
You are a second Buddha for the preservation of the Dharma:
I pray to the most holy Losang Drakpa, Je Tsongkhapa, the perfect teacher.

May I be blessed by you to cut the mental continuum of my self-grasping,
To be able to practise Bodhichitta and great compassion and soon attain the highest state of Mahamudra: the union of bliss and emptiness.
You are the principal holder of the practice lineage of Lama Je Tsongkhapa,
The true heart-son of Manjushri:
I pray to the great yogi, Togden Jhampel Gyatso:

May I be blessed by you to cut the mental continuum of my self-grasping,
To be able to practise Bodhichitta and great compassion and soon attain the highest state of Mahamudra: the union of bliss and emptiness.
You opened treasures like the ear-whispered lineage teachings,
By your kindness, you ripened the mindstream of fortunate disciples:
I pray to holy Baso Chokyi Gyaltsen:

May I be blessed by you to cut the mental continuum of
my self-grasping,
To be able to practise Bodhichitta and great compassion
and soon attain the highest state of Mahamudra: the
union of bliss and emptiness.
After having perfected the two yogic stages of Vajrayana
You attained the Vajra body beyond death:
I pray to the great Mahasiddha, Drub Chen Cho Dorje.

May I be blessed by you to cut the mental continuum of
my self-grasping,
To be able to practise Bodhichitta and great compassion
and soon attain the highest state of Mahamudra: the
union of bliss and emptiness.
You abandoned completely the bondage of the eight worldly
Dharmas (spiritual materialism),
You are the holder of the highest banner of absolute Dharma truth:
I pray to Losang Dhundub (Ensapa).

May I be blessed by you to cut the mental continuum of
my self-grasping,
To be able to practise Bodhichitta and great compassion
and soon attain the highest state of Mahamudra: the
union of bliss and emptiness.
In the supreme, joyful palace of the three Buddhakayas,
You are the spiritual guide who dances with saffron robes:
I pray to you, fully enlightened in one lifetime, Sangye Yeshe.

May I be blessed by you to cut the mental continuum of
my self-grasping,
To be able to practise Bodhichitta and great compassion
and soon attain the highest state of Mahamudra: the
union of bliss and emptiness.
Knowing all phenomena, and holder of Lama Je Tsongkhapa's
teachings,
You are no different than the very same holy being, omniscient
Losang Drakpa:
I pray to the most holy Losang Chokyi Gyaltzen (First Panchen Lama).

May I be blessed by you to cut the mental continuum of
my self-grasping,
To be able to practise Bodhichitta and great compassion
and soon attain the highest state of Mahamudra: the
union of bliss and emptiness.
Buddha's entire teachings - Sutras, Tantras and commentaries —
You condensed them beautifully, showing how to practise
effectively:

I pray to the Great Mahasiddha, Gendün Gyeltsen.

May I be blessed by you to cut the mental continuum of my self-grasping,
To be able to practise Bodhichitta and great compassion and soon attain the highest state of Mahamudra: the union of bliss and emptiness.
Extracting the essence nectar of Losang Gyalwa (Tsongkhapa's) teaching,
By your great perseverance, you showed how to enjoy the practice:
I pray to you, great master Gyaltsen Dzinpa.

May I be blessed by you to cut the mental continuum of my self-grasping,
To be able to practise Bodhichitta and great compassion and soon attain the highest state of Mahamudra: the union of bliss and emptiness.
The profound and extensive Dharma essence, you taught for the fortunate ones:
I pray to Tantric abbot, Kunchog Gyaltsen.

May I be blessed by you to cut the mental continuum of my self-grasping,
To be able to practise Bodhichitta and great compassion and soon attain the highest state of Mahamudra: the union of bliss and emptiness.
For the benefit of all beings and the preservation of the Dharma,
You reincarnated again, graciously like the Venerable Losang Chogyi Gyaltsen himself:
I pray to the holy venerable Losang Yeshe (Panchen Losang Yeshe).

May I be blessed by you to cut the mental continuum of my self-grasping,
To be able to practise Bodhichitta and great compassion and soon attain the highest state of Mahamudra: the union of bliss and emptiness.
Blessed by the true Buddha, you have achieved the profound path of oral transmission:
I pray to the great Mahasiddha, Losang Trinley.

May I be blessed by you to cut the mental continuum of my self-grasping,
To be able to practise Bodhichitta and great compassion and soon attain the highest state of Mahamudra: the union of bliss and emptiness.
Accomplished essence of Je Losang Gyalwa's ear-whispered lineage,
Practice-in-action, I pray to the Great Siddha, Losang Namgyel.

May I be blessed by you to cut the mental continuum of
my self-grasping,
To be able to practise Bodhichitta and great compassion
and soon attain the highest state of Mahamudra: the
union of bliss and emptiness.
You taught Lama Je Tsongkhapa's ear-whispered lineage teachings
perfectly, without error:
I pray to the great and kind master, Kachen Yeshe Gyaltsen.

May I be blessed by you to cut the mental continuum of
my self-grasping,
To be able to practise Bodhichitta and great compassion
and soon attain the highest state of Mahamudra: the
union of bliss and emptiness.
You spread the essence of the complete, perfect path to central and
distant lands:
I pray to the Venerable Ngawang Jampa.

May I be blessed by you to cut the mental continuum of
my self-grasping,
To be able to practise Bodhichitta and great compassion
and soon attain the highest state of Mahamudra: the
union of bliss and emptiness.
Glorious primordial Buddha, wearing saffron robes,
You who nurtured sentient beings of Tibet and China:
I pray to Panchen Lama, Pelden Yeshe.

May I be blessed by you to cut the mental continuum of
my self-grasping,
To be able to practise Bodhichitta and great compassion
and soon attain the highest state of Mahamudra: the
union of bliss and emptiness.
You have achieved the realisations of the sublime path of Sutra and
Tantra,
By your single-pointed contemplation:
I pray to the learned and great yogi, Ngawang Dorje.

May I be blessed by you to cut the mental continuum of
my self-grasping,
To be able to practise Bodhichitta and great compassion
and soon attain the highest state of Mahamudra: the
union of bliss and emptiness.
You are highly skilled in illuminating the path of Dharma, like the
second Buddha himself,
Especially in teaching and composition:

I pray to the venerable Ngulchu Dharma Bhadra.

May I be blessed by you to cut the mental continuum of my self-grasping,
To be able to practise Bodhichitta and great compassion and soon attain the highest state of Mahamudra: the union of bliss and emptiness.
Your compassionate eyes never close, and your profound and immense wisdom is like Manjushri's:
I pray to you, Yangchen Drubpey Dorje.

May I be blessed by you to cut the mental continuum of my self-grasping,
To be able to practise Bodhichitta and great compassion and soon attain the highest state of Mahamudra: the union of bliss and emptiness.
After perfecting the yoga of bliss and voidness, you have reached the palace of Zung Jug:
I make requests to the great learned Siddha, Tendzin Tsondru.

May I be blessed by you to cut the mental continuum of my self-grasping,
To be able to practise Bodhichitta and great compassion and soon attain the highest state of Mahamudra: the union of bliss and emptiness.
After perfecting the realisation of the profound Shunyata path,
You upheld the banner of study and contemplation:
I pray to Losang Tsondru Gyaltzen.

May I be blessed by you to cut the mental continuum of my self-grasping,
To be able to practise Bodhichitta and great compassion and soon attain the highest state of Mahamudra: the union of bliss and emptiness.
Holding a banner which represents the three levels of Buddha's teachings,
You are perfectly pure without any stains of immoral conduct:
I pray to the most holy being, Losang Donyo Drubpa.

May I be blessed by you to cut the mental continuum of my self-grasping,
To be able to practise Bodhichitta and great compassion and soon attain the highest state of Mahamudra: the union of bliss and emptiness.
You are like the second Buddha, Je Tsongkhapa,
Reincarnated again as a monk in saffron robes:

I pray to the most kind and pure being, Gelek Gyatso.

May I be blessed by you to cut the mental continuum of
my self-grasping,
To be able to practise Bodhichitta and great compassion
and soon attain the highest state of Mahamudra: the
union of bliss and emptiness.
In the immense and profound path that is the treasury of Dharma,
You provided teaching and practice for those fortunate ones:
I pray to the most kind Guru, Ngawang Jampa.

May I be blessed by you to cut the mental continuum of
my self-grasping,
To be able to practise Bodhichitta and great compassion
and soon attain the highest state of Mahamudra: the
union of bliss and emptiness.
With stainless logic and debate which clarifies our minds,
You revealed the sublime path, beyond the two extremes:
I pray to the skilful teacher, Jigme Wangpo.

May I be blessed by you to cut the mental continuum of
my self-grasping,
To be able to practise Bodhichitta and great compassion
and soon attain the highest state of Mahamudra: the
union of bliss and emptiness.
You are the incomparable and unequalled master who explains the
lineage and practice of Losang Dragpa, Tsongkhapa:
I pray to the holy Gungthang Tenpe Dronme.

May I be blessed by you to cut the mental continuum of
my self-grasping,
To be able to practise Bodhichitta and great compassion
and soon attain the highest state of Mahamudra: the
union of bliss and emptiness.
By tasting the Amrita of the Gaden ear-whispered teaching of
Jamgon Lama,
The strength of your realisation of Dharmakaya became even more
powerful:
I pray to the holy Konchok Gyaltsen.

May I be blessed by you to cut the mental continuum of
my self-grasping,
To be able to practise Bodhichitta and great compassion
and soon attain the highest state of Mahamudra: the
union of bliss and emptiness.

You have contemplated the sacred teachings of the Gaden practice lineage,
Remaining in the pristine wilderness for long periods of time:
I pray to the great Mahasiddha, Ngodrub Rabten.

May I be blessed by you to cut the mental continuum of my self-grasping,
To be able to practise Bodhichitta and great compassion and soon attain the highest state of Mahamudra: the union of bliss and emptiness.
Accomplishing methods of awareness on abandonment and actualising,
You showered down abundant Dharma rains of excellent explanation:
I pray to the highest Dharma teacher, Gendun Gyatso.

May I be blessed by you to cut the mental continuum of my self-grasping,
To be able to practise Bodhichitta and great compassion and soon attain the highest state of Mahamudra: the union of bliss and emptiness.
Your wisdom shines like the crown jewel among great masters,
As your attainment of the two stages of Vajrayana is supreme:
I pray to you, glorious Palden Tenpe Nyima.

May I be blessed by you to cut the mental continuum of my self-grasping,
To be able to practise Bodhichitta and great compassion and soon attain the highest state of Mahamudra: the union of bliss and emptiness.
Due to the power of your loving-kindness for all sentient beings,
You upheld the banner of Lord Buddha's teachings of Sutra and Tantra:
I pray to Je Pabongka Dechen Nyingpo - Jampa Tenzing Trinley Gyatso.

May I be blessed by you to cut the mental continuum of my self-grasping,
To be able to practise Bodhichitta and great compassion and soon attain the highest state of Mahamudra: the union of bliss and emptiness.
You propagated the holy Dharma of scripture, and the method of gaining realisations
In the way wished for by countless victorious Buddhas:
I pray to incomparable Yongzin Ling Rinpoche, Thubten Lungtog Namgyal Thinley.

May I be blessed by you to cut the mental continuum of

my self-grasping,
To be able to practise Bodhichitta and great compassion
and soon attain the highest state of Mahamudra: the
union of bliss and emptiness.
The clear light of your holy mind — a treasure-house of second
Buddha Losang Drakpa —
Shines on fortunate disciples, like myself:
I pray to my most kind Root Guru, Kyabje Trijang Dorje Chang,
Losang Yeshe.

May I be blessed by you to cut the mental continuum of
my self-grasping,
To be able to practise Bodhichitta and great compassion
and soon attain the highest state of Mahamudra: the
union of bliss and emptiness.
May you bless me to develop aversion towards Samsara;
May you bless me to take upon myself responsibility for liberating
all sentient beings;
May I soon achieve the unified path of common and uncommon
attainments, and particularly the great path of Mahamudra.
May you bless me with the confidence to see my body and the
Guru's body as one;
May you bless me with the confidence to see my speech and the
Guru's speech as one;
May you bless me with the confidence to see my mind and the
Guru's holy mind as inseparable, here and now.

Translated by Zasep Tulku Rinpoche, 2017
From Eloquent Speech of Majushri by Zasep Tulku